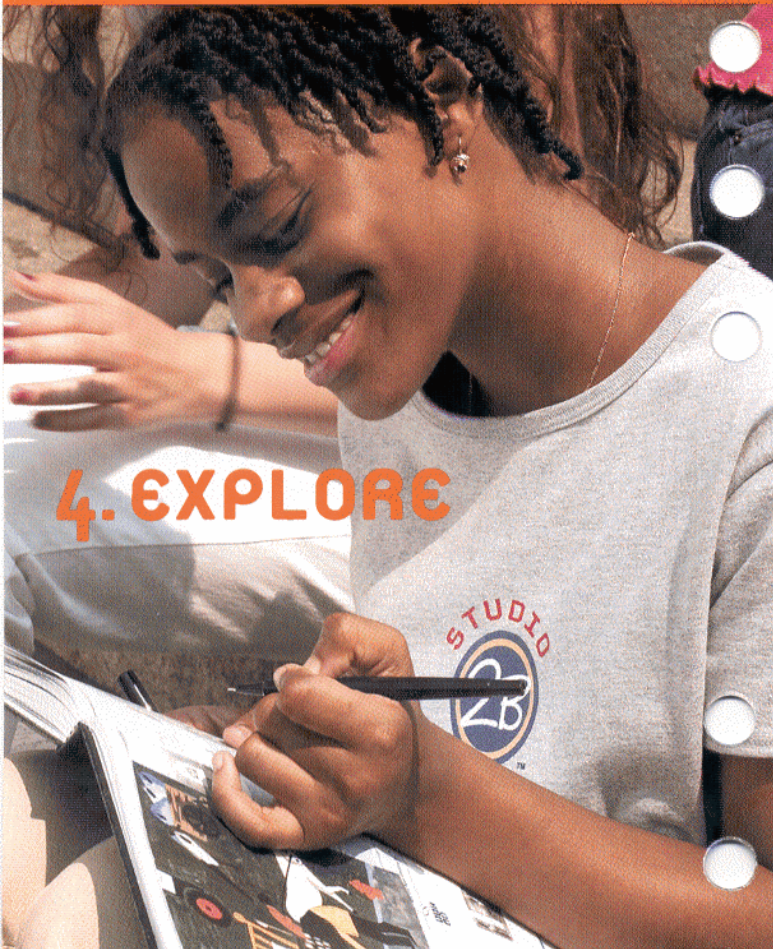


STEP 4

EARN THE GIRL SCOUT GOLD 4BS CHALLENGE



4. EXPLORE

BECOME, BELONG, BELIEVE, BUILD How would you apply these words to yourself and your abilities?



In Girl Scouts, the activities you do are based on the 4Bs, which themselves reflect the Girl Scout Law.

BECOME: celebrate yourself today and become your best self in the future.

BELONG: be part of a group where you have fun, relate to others with respect, and develop lasting friendships.

BELIEVE: develop your ideas and voice what's important to you.

BUILD: take action on what you care about and make a difference.

The Girl Scout Gold 4Bs Challenge gives you the opportunity to apply the 4Bs to making a difference in your community and prepares you for taking on an even bigger challenge, the Girl Scout Gold Award Project.

FOUR STEPS TO EARNING THE GIRL SCOUT GOLD 4BS CHALLENGE:

1. BECOME: YOURSELF

In order to become your best self, you need to set goals for your personal growth.

What are your strongest skills in managing projects? Are you very organized? Good at motivating others? Excellent at getting work done in the time you have planned?

Which skills need work? Giving clearer directions? Using your time more effectively? Better solving of conflicts among group members?

Decide on two skills you need to improve and the steps you will take to improve them:

BE SMART

Use these questions as a guide in setting your goals:

Specifically what will you do?

How will you **Measure** your progress toward your goals?

How will you know if you have **Achieved** your goals?

Are your goals **Realistic**? (Can you really achieve them or are they too hard?)

What is your **Timeframe** to reach your goals?